

HORIZONS

THE NEWSLETTER OF THE SADIE G. MAYS HEALTH & REHABILITATION CENTER



SADIE G. MAYS
HEALTH & REHABILITATION CENTER

Volume 12, Issue 2

SUMMER—FALL

May—October 2022

SADIE G. MAYS' 75TH ANNIVERSARY COMMUNITY HEALTH FAIR



The Atlanta Ol' Skool Drummers brought energy and excitement to the health fair delighting residents, attendees, and vendors alike.

Under beautiful sunny skies, we welcomed 150+ participants to our 23rd Annual Community Health Fair on Thursday, June 16, 2022. The event was held in honor of the 75th Anniversary of Sadie G. Mays Health & Rehabilitation Center with the theme, "75 Years of Serving Our Community!" "It was so well done!" said Josie Pegeese, a resident from True Light Haven senior apartments across the street. Attendees took advantage of the free health screenings and great entertainment. Everyone received free bags of fresh produce distributed by representatives of Fulton County Commissioner Natalie Hall. Ten service providers offered important health

screenings, including blood glucose and blood pressure, health information, and COVID-19 vaccinations. There was also a Job Fair in conjunction with the health fair, offering great job opportunities at Sadie G. Mays.

"The annual health fair is our way of thanking our community of supporters," said Executive Director, Beth Laxton. "We are grateful to our sponsors and contributors who made it possible for us to host this free event for our community," Laxton continued. This year's sponsors were:

- National Church Residences
- Propel Insurance
- Georgia Long-Term Care
- JenCare Senior Medical Center
- Gordon Food Service
- Wayfield
- First Class Transportation
- Grace Nutrition
- AFLAC
- Fortner Communications
- Mark Dickinson, O.D.
- LongHorn Steakhouse (Camp Creek)
- Chick-fil-A (M.L. King Dr.)
- Chili's (Camp Creek)
- Starbuck's (Cascade)



Health fair sponsor, Beverly Burks of National Church Residences, poses with S. Coleman, SGM Dev. & Marketing Director.



A health fair attendee gets a blood glucose screening from Heal Doctors.

Exhibitors included:

Allstate, Clover Health, Fulton County COVID-19/Nursing Dept., Fulton County Commissioner Natalie Hall, Homestead Hospice, JenCare Medical Center, Passionate Care Hospice, Sonder Health Plus, Heal.com, and Walmart Vision Center (Howell Mill Rd.). **Volunteers:** Hands On Atlanta, the National Women of Achievement Inc. – Midtown Chapter, and Sadie G. Mays retirees, Greta Holloway and Sharon McCrary. **Entertainers:** The Atlanta Ol' Skool Drummers and DJ Barake and his vocalist wife, Najuma. **We thank everyone who participated in this event!**



WISHING YOU A
HEALTHY & HAPPY
FALL SEASON



GA GIVES
ON
#GIVINGTUESDAY

**MAKE A DONATION TO
SADIE G. MAYS ON
GIVING TUESDAY
NOVEMBER 29, 2022.**

Every donation helps!

Donate online at:

WWW.GAGIVES.ORG

OR MAIL A CHECK TO:

**Sadie G. Mays Health &
Rehabilitation Center,
1821 Anderson Ave., NW
Atlanta, GA 30314**

Thanks for your support!

Mark your calendar!

**10th Annual
THANKSGIVING
CONCERT**

SAT., NOV. 19, 2022

3:00 - 4:00 p.m.

**Featuring the
Metropolitan Atlanta
Community Band**

Host: Debb Moore, WCLK

Free & Open to the Public

MASKS REQUIRED

A WORD FROM BETH'S DESK



One of the many things I enjoy about living in Georgia is that there are four distinct seasons. After an especially hot summer, fall has arrived with cooler weather, brightly-colored leaves, and college football.

In June, I celebrated my first anniversary at Sadie G. Mays. I am not sure where time went. There have been positive changes in our community, but I know there is plenty more to do. The Sadie Mays team is committed to continuing its journey of quality improvement for our residents, families, and staff.

Beth Laxton, SGM Executive Director

In August, the Department of Community Health Healthcare Facility Regulation Division completed our first state licensure survey since April 2019. I am proud to report that Sadie Mays had only four minor deficiencies. The average number of deficiencies in Georgia is four, and in the United States, it is 8.4. We have corrected the deficiencies, and the state will revisit the facility to check our corrections. Sadie Mays' star rating on the CMS website has also improved, and we expect to improve it more in the coming months.

Thank you for your support of Sadie Mays. It is critical to our community. I wish you a great fall and upcoming holiday season.



Administrative team B. Laxton, G. Gallmon, S. Crowder, and M. Hakeem served a catered lunch to staff.

STAFF APPRECIATION DAY!



Beth Laxton (r) gives t-shirts to staff members, Leslie Poole(l) and Sybil Jennings (c).

The Sadie G. Mays staff received a heartfelt "Thank You" from administration in June for their hard work and commitment to the facility and its residents. Each staff member received a green t-shirt, celebrating the 75th anniversary, and a personal, Sadie G. Mays-themed notebook. Staff members on every shift were treated to a catered barbecue lunch served to them by the administrative team: Beth Laxton, Executive Director; Malik Hakeem, Asst. Executive Director; Sharon Crowder, RN, Director of Nursing; and Gwendolyn Gallmon, LPN, Infection Control. "We wanted them to know how much we appreciate them and value the work that they do every day for our residents," said Beth Laxton. Staff members were delighted with their gifts and lunch. "It really made me feel appreciated," said Christine Coley, LPN, MDS.



Wednesdays Brown, RN, displays her personal notebook.

ON THE ROAD AGAIN: RESIDENT, ERMA CARTER



F. Barton, A. Pope, L. Pope and L. Carter stand with their mother, Erma Carter in front of luxury RV.

Mrs. Erma Carter, 93, a resident of Sadie G. Mays for 3+ years, wanted to go home to Mississippi. She had missed her family reunion when all of her 11 siblings were there. Now her 13 children wanted to bring her home for her birthday, Oct. 21, and invite all the family members to help celebrate. "This is her birthday and she's been asking to go home. I think that's

special," said Fredia Barton of Phoenix, AZ, one of Mrs. Carter's 13 children. To make a journey fit for a queen, Mrs. Carter's 13 adult children rented a luxury RV, replete with a king size bed, stereo system, 2 bathrooms, built-in coolers and more. Two of her daughters, Ms. Barton and Linda Pope, accompanied her, and her son, Leonard Carter, a professional truck driver, acted as chauffeur for the 324-mile drive to Ackerman, Mississippi. Upon their return 3 days later, Mrs. Carter exclaimed, "I had a good time!" Her daughter, Linda Pope, said "It was just absolutely beautiful for her to be able to go home and be home for awhile. She took the trip really well." About 30 family and friends attended the outdoor birthday celebration on Saturday, Oct. 22. Her family hoped to get 93 cards for her 93rd birthday and ended up with 133 cards! "Oh yes, we are so glad we took her," said Ms. Pope. "If she's well at Mothers Day, we'll do it again!" she continued.



Fredia Barton (l) and Linda Pope (center) pose with their mother, Erma Carter, as they board the RV for the trip to Mississippi.

SCENES FROM SADIE G. MAYS



John Lewis of Energy Fitness(r) leads residents and staff in a rousing session of chair aerobics in October.



Michelle Winston, RN, encourages resident, Thelma Hill, to dance at the September birthday party, as Hill's niece, Linda Ingram, looks on.



10th graders, Katherine Andrews (l) and Dorothy Verner (r) of HeART from The Lovett School brought paintings by students to give to our residents, including P. Gilliam(l), R. Swanson(c), and N. Stinchcomb, who enjoyed the creative artwork.



Holsey Temple AME Church presented a Mother's Day program for our residents, with music, gifts and speakers.



Commissioner Robb Pitts stopped by to play Bingo with our residents and encourage them to vote in the primaries.



Michael Newton (l-r), Darryl Glover, David Green, Vernon Sanders, and Samuel Finch received blue bags filled with goodies for Father's Day.



Resident Andre Strozier (seated) enjoys a visit from his brother, Brooksie Strozier, in the courtyard.



Resident Mary N. Long (seated), enjoys a birthday toast and luncheon with her friends, (l-r) Sandy Welfare, Danita Knight, and Patrise Perkins-Hooker.



Residents A. Porter (l) and S. Jeter (c) enjoy making salad using some fresh, summer produce from the SGM raised garden, along with V. Huebner (2nd from right) and A. Hill (r) from Second Wind Dreams-Georgia State Univ.

WE WELCOME NEW PATIENTS! CALL ADMISSIONS AT (678) 420-2946.

WE'RE HIRING NURSES, CNAs & MORE! Visit WWW.SGMAYS.ORG/CAREERS



**HAVE A HAPPY
& HEALTHY
FALL**

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The Joint Commission
The Gold Seal
of Approval™



GIVE ON GIVING TUESDAY - NOV. 29!
DONATE TO SADIE G. MAYS ONLINE AT
WWW.GAGIVES.ORG

OUR COMMUNITY CARES!



Doris Walton displays bibs, lap blankets, and more that she made for SGM residents.



Friends and donors (l-r), Carol Earls-Franklin Sadie Dennard, and Danita Joyner toured SGM, with Marketing & Development Director, Shirley Coleman and Executive Director, Beth Laxton.



Olga Hutchins, COO, Veterans Empowerment Organization, visited with Malik Hakeem, SGM Asst. Exec. Director, to discuss working together for veterans.



Founded in 1947, the Sadie G. Mays Health & Rehabilitation Center is a 206-bed, non-profit, skilled nursing facility providing comprehensive nursing and rehabilitative services.

Executive Director
Beth Laxton, MS

Medical Director
T. Andrew Frinks, M.D.

Director of Health Services
Sharon Crowder, RN



Beth Laxton (r), SGM Exec. Dir., greets representatives of the Joseph B. Whitehead Foundation, including (l-r) Carrie Conway, Emily Patteson, Russ Hardin, and Lizzy Smith.



Representatives from Thee Hills Community Development Corp. of Dixie Hills First Baptist Church present Mother's Day gifts for our residents to SGM Activity Director, Sybil Jennings (l).



1947 SADIE G. MAYS 2022

