



HORIZONS



SADIE G. MAYS
HEALTH & REHABILITATION CENTER

WELCOME NEW BOARD MEMBERS!

Sadie G. Mays recently welcomed two new members to its board of directors. They are David P. Brand and Tyrone Rachal. SGM Board Chair, Samuel Bacote III said of the new members, "They bring a wealth of talent that I think will help strategically with our plans for the future."



David P. Brand

A former New Yorker, David Brand is President of Market Strategies Group. It is a government relations, marketing consulting firm which specializes in contract procurement and legislative assistance for entrepreneurs and Fortune 500 companies. Of his appointment, he said, "Benjamin E. Mays was my hero. ...and I know how important Mrs. Mays was to him. I can't think of anything better that I could be called to do than to serve the Mays legacy!"

Originally from New Orleans, Tyrone Rachal is a Principal of

Red Rock Global, an Atlanta-based real estate development and brokerage company that he founded. He also serves as Pres. of Urban Key Capital Partners. Mr. Rachal said "I've known Sam (Bacote) for years...I'm ready to serve and I want to be as helpful as I can to the board and staff." We look forward to their great leadership!

Tyrone Rachal



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WINTER

Nov. 2017—February 2018



HAVE A HEALTHY & HAPPY 2018

Sadie G. Mays Calendar

SADIE G. MAYS 71ST ANNIVERSARY

Friday, March 23, 2018
3:00 p.m.

MS. SADIE G. MAYS PAGEANT

Saturday, April 28, 2018
3:00 p.m.

MOTHER'S DAY PROGRAM

Friday, May 11, 2018
11:00 a.m.

21st ANNUAL COMMUNITY HEALTH FAIR

"Celebrating Life's Stories"
Wednesday, May 16, 2018

10:00 a.m.—2:00 p.m.
Health Screenings, Prizes, Entertainment, and Food
FREE & Open to Public

LIKE US ON FACEBOOK!



<https://www.facebook.com/SadieGMays/>

I FOUND MY WAY HOME!

Ronnie Collins and his wife, Hattie, have been residents of Sadie G. Mays since June 2017. Mr. Collins shared with staffers that he was a published author. His book, I Found My Way Home: Washed From a Life of Crime, was published in 2006. "I wrote the experiences that I've had in life. Some of it wasn't good. It was the truth," he said. He continued, "God redeemed me from all that. It's a Christian book talking of the redeeming power of God. Collins' wife helped him with the book. "We went to work. She was typing and I was writing. We finished in 2 weeks!" he said. Mr. Collins reported that they had several book signings in the city which were well attended, including one at StoneCrest Mall. Mr. Collins said that being at Sadie G. Mays was a blessing to them. "We couldn't help ourselves or each other. We went to praying and God led us here," he said.

KINGS OF SADIE G. MAYS HONORED

Six gentlemen of Sadie G. Mays were honored on Friday, Oct. 27, 2017. The program was hosted by Mrs. Emily Wise and the Dixie Hills First Baptist Church of NW Atlanta. This was their 19th year, and possibly the final year, that they're hosting these special programs at SGM. Since 1999, the group has presented the "96 & Above" program honoring the facility's oldest residents. Those "eldest of the elders" are usually women. This was their first time hosting "The Kings of Sadie G. Mays" program. Mrs. Wise, the founder of the program, said they



The "Kings" are (l-r) H.Stephens, T. Sims, F. Houston, R. Archer, S.Mitchell and J. Lee.

wanted to honor the men for a change. The "Kings" ranged in age from 91 to 71 years of age and they included: Howard Stephens, 91, Tear-trice Sims, 88, Franklin Houston, 79, Robert Archer, 74, Sammy Mitchell, 73 and Jerry Lee, 71. The men were chosen because of their longevity and their active participation in facility events and programs. When asked how he felt about the program, honoree Franklin Houston said, "It was very nice. It was an honor and a privilege, just to be invited to it!"



Resident, Ronnie Collins, with his wife, Hattie Collins, attend a Christmas gathering.



Emily Wise and Rev. Michael Sutton participated in the program.

Sadie G. Mays Booster Committee Kicks Off!



Boosters include: S. Jennings, L. McCrimmon, M. Watson, S. Carroll, L. Walker, Y. Kagler, S. Trammell, W. Phillips & SColeman

Spearheaded by social worker, Yolanda Kagler, the Booster Committee of Sadie G. Mays recently kicked-off. Its goal is to "to create a loving and thriving environment," she said, by engaging the staff in fun and meaningful activities. Ms. Kagler has experience in team-building through the State of Georgia DFACS office and wanted to bring those skills to Sadie G. Mays. The other committee members so far include: Shunda Carroll, Shirley Coleman, Sybil Jennings, Lisa McCrimmon, Wanda Phillips, Shanterry Trammell, , Linda Walker and Myrna Watson. The committee welcomes any other staff who



Staffers celebrating "Go Red" day to raise awareness of heart disease.

would like to join. So far, the Booster Committee has recognized "Go Red" Day, Feb. 2 to raise awareness of cardiovascular disease. **They have also begun recognizing staff birthdays on the last Wednesday of every month with ice cream and cake in the Break Room, and photos on the hallway bulletin board.** Under the leadership of the Booster Committee, the first **Employee of the Month** was elected. **Employee of the Month for January 2018 was Floor Tech, Ronnie Blackwell. Congratulations, Mr. Blackwell!**

Employee of the Month
January —
RONNIE BLACKWELL
 Environmental Services



AREAS OF THE MONTH

AREA C - May, July, August & Sept.

AREA D - June & October

Thank You!

The SGM Nursing Department has instituted a recognition program called the "Area of the Month." Its goal is to commend one of the four Areas of the facility which had the least call-outs, grievances and falls during the previous month. Each member of the nursing staff for the winning Area receives a monetary bonus. "It's our way of saying 'Thanks for a job well done' and encouraging them to keep up the good work!" said Interim Director of Nursing, Wanda Sanders.

Would you like to join our team?
Visit www.sgmays.org/careers
to see available positions.
Sadie G. Mays is a great place to work!

OLYMPIAN, MEL PENDER, SPEAKS TO VETS

On Friday, Nov. 10, 2017, an audience of about 75 veterans, staff, residents, volunteers, and family members were treated to a speech by Dr. Melvin "Mel" Pender, Jr. Dr. Pender is a native Atlantan, a retired military officer, Gold Medal Olympian, entrepreneur, community leader and author. He spoke about his early life, his time in the military (21 years), and his athletic



M. Pender with wife, Rev. Debbie Pender.

achievements. He joined the army at age 17. While in the Army, he became a Gold Medal track and

field athlete at the 1968 Summer Olympics in Mexico City. He told of experiencing discrimination while in uniform and how he overcame many challenges. He recently published his autobiography, Expression of Hope: The Mel Pender Story, which was co-authored by his wife, Rev. Debbie Pender. His parting advice was, "Let God be in charge. Don't be afraid of change. Never, never give up!" The program included the **B.E.S.T. Academy JROTC**, and the **KIPP Atlanta Collegiate Academy Fine Arts Chorus**. The program was followed by a reception, courtesy of **Homestead Hospice** and **Options for Senior America**.



M. Pender with C. Robinson, SGM Pres. & CEO, who is also a veteran.

HISTORIC RACE ON MLK DRIVE

On Sunday, Jan. 14, 2018, the M.L. King Drive Merchants Assoc. (MLKJDMA) of which Sadie G. Mays is a member, organized and hosted the first-ever *M. L. King Race for the Dream Marathon, Half Marathon & Bike Tour*.

Over 300 runners and cyclists from across the nation and as far away as China, braved sub-freezing temperatures to test their endurance while honoring Dr. King's dream of building the beloved community. "It was phenomenal," said Terry Collier, MLKJDMA President. The event was the first of many to help bring attention and support for businesses located on the M.L. King Jr. Drive corridor. Next year's race will be Sunday, Jan. 20, 2019. See **WWW.MLKJDMA.COM** for more information.



MLKJDMA Pres., Terry Collier with Half Marathon winner, Jessie Martinez of Dalton, GA in front of Washington High.

SCENES FROM SADIE G. MAYS



Folk singers, Bobby & Christine from MN popped-in for a visit.



Folk singer, Bobby, grooves with SGM resident, Dorothy Cates.



SGM Bible Study Group enjoys a Christmas celebration.



Former SGM resident, J. Jordan brings a treat to Barbara Schenk.



T. Billingslea and Saints on the Move celebrate at Christmas Tree Lighting program, Dec. 2.



SGM residents, Dorothy Wims and Charlotte Peterson dance at Christmas party.



SGM residents, Linda Smith and C. Peterson harvest watermelon from the SGM organic raised beds.



The Metropolitan Atlanta Community Band performed at SGM on Nov. 18 for its 6th Annual Thanksgiving Concert.

MAYS STATUE UNVEILED AT BIRTH HOME & MUSEUM

A new statue of Dr. Benjamin E. Mays was unveiled and dedicated at the GLEAMNS Dr. Benjamin E. Mays Historical Preservation Site in Greenwood, SC on Nov. 4, 2017. Sadie G. Mays was represented by SGM Board member, Marshalyn Yeargin-Allsopp, MD, and SGM Director of



Statue of B. E. Mays at the Mays Birth Home by sculptor, Jon Hair.

Development & Marketing, Shirley H. Coleman. Dr. Yeargin-Allsopp is the great-niece of Dr. Mays. The program featured speeches by dignitaries from local and state government, Directors of the museum -- Loy Sartin and Rev. Christopher Thomas; Dean Lawrence Carter of Morehouse College; the keynote speaker, Rev. Dr. Otis Moss Jr.; and Dr. Yeargin-Allsopp. Rev. Otis Moss said of Dr. Mays, "He was a Prophet of Freedom, an Apostle of Excellence and a Disciple of Truth." Dr. Yeargin-Allsopp said that Dr. Mays would "be so proud of how Greenwood County has embraced him." Indeed, this statue is the first and only statue

lauding any Greenwood County native. Benjamin Elijah Mays was born in 1894 near Epworth, South Carolina, to parents who were tenant farmers and former slaves. He is remembered for his outstanding leadership and service as a teacher, preacher, mentor, scholar, author and activist in the civil rights movement. He was perhaps best known as the longtime president of Morehouse



M. Yeargin-Allsopp speaks to audience during the program.



Staffer, S. Coleman and M. Yeargin-Allsopp of the SGM board of directors.

College in Atlanta, where he served from 1940 - 1967. He was an inspiration for one of Morehouse' College's most distinguished graduates, Dr. Martin Luther King Jr. '48, who called Dr. Mays his "spiritual mentor" and "intellectual father." Later, as the Atlanta School Board's first black chair, Dr. Mays oversaw the desegregation of the Atlanta public schools between 1970 and 1981. **He was married to Sadie Gray Mays for 43 years. She was a social worker, teacher and founder of the Happy Haven Nursing Home which later became the Sadie G. Mays Health & Rehabilitation Center.** Dr. Mays died in 1984 and is buried on the grounds of the Morehouse campus alongside his beloved wife, Sadie. **For more information see www.gleamns.org.**

THANKS TO OUR VOLUNTEERS & DONORS!

SADIE G. MAYS RECEIVES TWO NEW GRANTS!

The **Billye & Hank Aaron Philanthropic Fund of the Jewish Federation of Greater Atlanta** awarded Sadie G. Mays a grant of \$35,000 in December. This unrestricted grant is greatly appreciated. Additionally, the **Richard C. Munroe Foundation** awarded Sadie G. Mays a grant of \$5,000 towards the purchase of new electric beds. We are truly grateful to these loyal philanthropic partners!



Billye & Hank Aaron at Hank Aaron Stadium in Mobile, AL in 2010. Photo by C.K. Sisson.



Hands on Atlanta volunteers pose after working at SGM for the M.L. King Day of Service.



Francine Greer (l), and Kristie Elmore of the Pi Alpha Omega chapter—AKA sorority, greet 104-year old, Corine Howell, SGM resident, at the AKA Xmas party.



Volunteers from Greenforest Community Baptist Church visited residents at SGM on M.L. King Day.



Visitors from Amvets Post 44 in Dekalb County on their first of many regular visits with SGM veterans.



Founded in 1947, the Sadie G. Mays Health & Rehabilitation Center is a 206-bed, non-profit, skilled nursing facility providing comprehensive nursing and rehabilitative services.

Listed in U.S. News & World Report "Best Nursing Homes" 2015, 2012 & 2011

President & CEO - **Charles Robinson, Jr., CFACHCA**

Medical Director - **Andrew Frinks, M.D.**

Interim Director of Health Services - **Wanda Sanders, R.N.**



WISHING YOU A HEALTHY & HAPPY 2018!



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