

WHAT'S NEW AT SADIE G. MAYS?

Sadie G. Mays Health & Rehabilitation Center is having a facelift! Thanks to the generosity of the philanthropic community, corporations, local community organizations, and individuals (See "Grants Received"), we have raised \$3.2 million. These funds have allowed us to conduct many repairs, renovations and upgrades to the exterior and interior of the facility, including a new roof, exterior repairs and painting, remodeled lobby and dining room, renovated bathing rooms, and more! Soon, we will begin remodeling each resident room. Meanwhile, the residents are enjoying many activities in their newly remodeled dining room. Staff, residents, and family members alike have praised the transformation. Resident, Walter Mitchell, commented, "I have noticed (the renovations) and I think everybody has. I'm sure we'll enjoy what the results will be." There's more to come, so stay tuned!



WELCOME SPRING!

Mark your calendar!
25th Annual
COMMUNITY
HEALTH FAIR
THURSDAY, MAY 23, 2024
10:00 a.m. - 1:00 p.m.
Health Screenings,
Information,
Entertainment,
Snacks & More!



Our exterior was refreshed with gray paint, new soffits, and more.



The dining room now boasts new furnishings, flooring, and décor.



Here's a newly renovated shower room.

GRANTS RECEIVED!

Here's a list of our community partners who helped to make this transformation possible:

- Anonymous
- Anonymous
- Tull Charitable Foundation
- J.B. Fuqua Foundation
- James M. Cox Foundation
- Billye & Hank Aaron Foundation
- A friend of Sadie G. Mays
- The Imlay Foundation
- Sally J. Warner
- Vasser Woolley Foundation
- Atlanta Gas Light Foundation
- Betty & Davis Fitzgerald Foundation
- AEC Trust
- Health 1st Foundation
- Frances Wood Wilson Foundation
- Jesse Parker Williams Foundation
- Ray M. & Mary Elizabeth Lee Foundation
- Georgia Pacific Foundation
- Ida Alice Ryan Foundation
- Richard C. Munroe Foundation
- CarMax
- Lois & Lucy Lampkin Foundation

THANK YOU VERY MUCH!

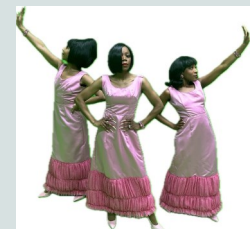
SADIE'S BOOK CLUB



Twice a month, Sadie G. Mays (SGM) residents gather for a meeting of the new Sadie's Book Club. They take turns reading a short story aloud, and then they discuss the story together. About 25 residents usually participate. "The residents love romance!" said SGM Activity Director, S. Denise Curier. "This activity helps to stimulate them intellectually. It also helps to strengthen their reading skills, comprehension, and memory, and they really do enjoy it!" she noted.



With a special performance by the cast of "Stepp Stewart's Motor City Motown Revue"



For more information see
WWW.SGMAYS.ORG

A WORD FROM BETH'S DESK

At our Sadie Mays' team member meetings a few weeks ago, I reported that out of the three facilities that I have worked professionally, Sadie Mays is by far my favorite. In January 1988, I came to Atlanta for an 8-month internship at a non-profit nursing home to complete a Master of Science in Gerontology. This internship subsequently led to a full-time position at the facility. For my first 14 years at the facility, the mission and focus were on serving persons with limited resources. For the next 17 years, the focus shifted to serving private pay and Medicare residents.



Beth Laxton, SGM Executive Director

My initial involvement with Sadie Mays was as a member of the board of directors. Its rich history, beginning with the work of Sadie Gray Mays who made our facility one of the first nursing homes to admit patients regardless of race or circumstance, was especially important to me. This is the reason that I was happy and proud to serve on the board.

Today, our mission to serve the residents of the greater community without regard to payer source and circumstance is intact. This is exactly what Sadie Gray Mays had in mind so many years ago. For this reason, along with the joy of caring for our residents and working with a wonderful team, is what makes working at Sadie Mays so gratifying.

STARS OF THE MONTH



Each month SGM team members select a **"Star of the Month."** Winners receive a plaque and \$100. Congratulations to our Stars for late 2023 and early 2024:
 July - **ROCHELLE WOODS** - Nursing
 August - **YASMINE LEVETT** - Nursing

September - **JIMMIE MAE ERWIN** - Laundry
 October - **OLIVER HOOKS** - Concierge
 November - **VERONICA WALLACE** - Nursing
 December - **TRACIE CREIGHTON** - Dietary
 January - **EDWIN MOSS** - Environmental Services
 February - **CASSANDRA EDWARDS** - Nursing

AEGIS THERAPIES RETURNS WITH NEW PROGRAM

We are happy to welcome Aegis Therapies, our rehabilitative therapy partner, back to Sadie G. Mays! Aegis returned to Sadie G. Mays last August and has strengthened the therapy program significantly. The program includes physical therapy (PT), speech therapy (ST), and occupational therapy (OT), along with modalities such as ultrasound and electrical stimulation. "We are increasing the therapy census, allowing more residents access to therapy services," said Leah Walker, Dir. of Rehabilitation. She continued, "We've also partnered with Sadie G. Mays' nursing staff to provide a new Restorative Nursing program which will allow residents to age in place at their safest, highest level of function." The Aegis Therapies team includes Markeith Brown (OT), Javonya Clemons (ST), Christin Dillard, (PT), Sledge Enokekwa (OT), Dexter Gafford (OT), Okoli Ogechukwu (PT), Michael Santos (OT), and Lea Walker (OT). Welcome all!



M. Brown, L. Walker, O. Ogechukwu, M. Santos, C. Dillard, and J. Clemons

BLACK HISTORY & WOMEN'S HISTORY LEGACY: DOROTHY BOLDEN



Dorothy Bolden, labor organizer and civil rights activist

In honor of Black History Month and Women's History Month, we are happy to recognize a hero to many and grandmother to one of our staff members, the legendary Dorothy Bolden. Ms. Bolden was the founder of the National Domestic Worker's Union of America. Additionally, she fought for women's rights, and she worked to end segregation. Her granddaughter, Ingra Kemp, works as a social worker at Sadie G. Mays. "My grandmother's efforts to organize domestic workers inspired me to work in a profession where I can also help people to be treated fairly and live a good life. I chose to do that as a social worker. I hope that my daughters will take inspiration from her and do their part to help the community in their own unique ways." There is a statue of Ms. Bolden near Sadie G. Mays at Mozley Park on M.L. King Jr. Drive. It is part of a series of bronze statues by sculptor, David Alan Clark, memorializing local civil rights leaders.



Ingra Kemp, Sadie G. Mays social worker

SCENES FROM SADIE G. MAYS



Residents, Cleola Trammell and Pennie Williams, enjoy live music at the Valentine's Ball.



Queen and King of our Valentine's Ball, Shirley Gates and Douglas Alphabet, enjoyed seats of honor overlooking the festivities.



Resident, John Evans (r), and friend, "rewired" Rep. Tyrone Brooks (l), enjoy the Mardi Gras celebration.



Resident, Warren Harris, welcomes in the New Year.



"Elves" aka SGM Activity Dept. team members, dance in the "Winter Wonderland" Program.



Sadie's Divine Community Choir, directed by S. Denise Curier, performs "A Winter Wonderland" program, Jan. 12.



Activity Director, S. Denise Curier, serenades the residents at the Thanksgiving luncheon.



CNAs, Lisa Collier and Stacey Mouzon, serve a delicious Thanksgiving meal to residents.



Members of the Metropolitan Atlanta Community Band's "Flute Nation" perform at the annual Thanksgiving Concert on Nov. 18.



Our Veteran's Day speaker, Morocco Coleman is surrounded by Exec. Dir., B. Laxton, and Asst. Exec. Dir., M. Hakeem, along with residents, G. Winfrey and volunteer, E.W. Seay.



Residents and staff participated in a Halloween costume contest.



Resident, Rosa Swanson, hugs a HeArt volunteer following an art workshop.



**HELLO
SPRING!**

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WE'RE CELEBRATING 77 YEARS OF SERVICE!
DONATE TO SADIE G. MAYS ONLINE AT
WWW.SGMAYS.ORG

WE'RE GRATEFUL FOR YOUR GIFTS!



Elnora T. Hammonds Missionary Circle of W. Hunter Street Baptist Church brought gifts.



Members of Greater Elizabeth Missionary Baptist Church brought Xmas gifts.



Students from KIPP Atlanta Collegiate Academy brought Thanksgiving decorations and good cheer to our residents.



Founded in 1947, the Sadie G. Mays Health & Rehabilitation Center is an independent, 206-bed, non-profit, skilled nursing facility providing comprehensive nursing and rehabilitative services.

Executive Director
Beth Laxton, MS

Medical Director
T. Andrew Frinks, MD

Director of Health Services
Myrna Watson, RN



Volunteers from the Atlanta Senior Care Network Niche(ASCNN) had fun with residents and staff at the Halloween Fright Fest on Oct. 31.



Staff and volunteers of EBC Cares donated cases of adult briefs .



The Keenagers of St. Anthony's Catholic Church brought Halloween fun and treats for the October birthday party!