



# April 2019



**Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat**



**1** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Chair Yoga  
11:30 am Mind Joggers  
3:00 pm Bingo

**2** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Exercise Group  
11:30 am Worship Service w/  
Rev. Ledora Randall  
3:00 pm Sing A Long w/ the  
Golden Coral

**3** 10:45 am Good Morning  
Resident/ In the News  
11:00 am Bible Study  
11:00 am Body Mechanics  
11:30 am Trivia Games  
3:00 pm Instant Prize Bingo

**4** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Yoga w/ Yoga Bey  
3:00 pm Nail Grooming

**5** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Residents Council  
Meeting  
11:30 am Exercise Group  
3:00 pm Movie w/treats

**6** 10:00 am Beauty Shop Time  
w/ Body of Christ  
11:00 am Aaron Tabernacle  
Church- room visits  
3:00 pm West End 7th Day  
Adventist Church  
3:00 pm Open Activities



**7**  
11:00 am Worship Service w/  
Rev. Albert Harris  
3:00 pm New Emmanuel Baptist  
Church- worship  
3:00 pm Open Activities

**8** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Chair Yoga  
11:30 am Mind Joggers  
3:00 pm Bingo

**9** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Exercise Group  
11:30 am Worship Service w/  
Rev. Ledora Randall  
3:00 pm Sing A Long w/ the  
Golden Coral

**10** 10:45 am Good Morning  
Resident/ In the News  
11:00 am Bible Study  
11:00 am Body Mechanics  
11:30 am Trivia Games  
3:00 pm Instant Prize Bingo

**11** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Yoga w/ Yoga Bey  
3:00 pm Nail Grooming on  
Area D

**12** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Residents Rap Session  
11:30 am Exercise Group  
3:00 pm Gifted Girls of Grace-  
Ice Cream Social

**13** 11:00 am Greater Piney  
Grove Church- worship  
3:00 pm Cathedral of Faith-  
Worship service  
3:00 pm Activities w/ Lisa



**14**  
11:00 am Worship Service w/  
Rev. Albert Harris  
3:00 pm November B-day Club-  
Palm Sunday Program

**15** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Chair Yoga  
11:30 am Mind Joggers  
3:00 pm Bingo

**16** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Exercise Group  
11:30 am Worship Service w/  
Rev. Ledora Randall  
3:00 pm Sing A Long w/ the  
Golden Coral

**17** 10:45 am Good Morning  
Resident/ In the News  
11:00 am Bible Study  
11:00 am The Amazing Grays  
11:30 am Trivia Games  
3:00 pm Instant Prize Bingo

**18** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Yoga w/ Yoga Bey  
3:00 pm Nail Grooming

**19** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Residents Rap Session  
11:30 am Exercise Group  
3:00 pm Movie w/treats

**20**  
10:00 am Beauty Shop Time  
w/ Ebenezer Baptist Church  
3:00 pm Berean 7th Day  
Adventist Church-program



**21**  
11:00 am Worship Service w/  
Rev. Albert Harris  
3:00 pm Open Activities

**22** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Chair Yoga  
11:30 am Mind Joggers  
3:00 pm Bingo

**23** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Exercise Group  
11:30 am Worship Service w/  
Rev. Ledora Randall  
3:00 pm Sing A Long w/ the  
Golden Coral

**24** 10:45 am Good Morning  
Resident/ In the News  
11:00 am Bible Study  
11:00 am Body Mechanics  
11:30 am Trivia Games  
3:00 pm Instant Prize Bingo

**25** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Yoga w/ Yoga Bey  
3:00 pm Monthly Birthday Party

**26** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Residents Rap Session  
11:30 am Exercise Group  
3:00 pm Movie w/treats

**27**  
3:00 pm Ms. Sadie G. Mays  
Pageant



**28**  
11:00 am Worship Service w/  
Rev. Albert Harris  
3:00 pm Saint on the Move  
3:00 pm Activities w/ Lisa

**29** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Chair Yoga  
11:30 am Mind Joggers  
3:00 pm Bingo

**30** 10:45 am Good Morning  
Residents/ In the News  
11:00 am Exercise Group  
11:30 am Worship Service w/  
Rev. Ledora Randall  
3:00 pm Sing A Long w/ the  
Golden Coral

Calvin Smith      02  
Mattie Jolly        10  
Wilford Deese     18  
Artie Dykes        24  
Sammy Mitchell    28

**April Birthdays**  
Darrell Glover     06  
Lottie Thomas     12  
Geneva Walker     20  
Gwendolyn Ransom 27  
Jimmy Harris       29

Arlene Gay         09  
Carl Bruno          16  
Barbara Schenk    25  
Mable Carrier      28  
Donald Elam        30



Sadie G. Mays Health & Rehabilitation  
Center  
1821 Anderson Ave. N. W.  
Atlanta, Ga. 30314  
404-794-2477  
Ms. Sybil Jennings  
Activity Director